



# Introductory Session

## Learning about your mentor

### Ask...

- What aspects of his/her career are the most memorable?
- Why he/she feels well-placed to partner with you to achieve your goal(s)?
- What would he/she like to know about you?

## Introducing yourself

### Explain...

- Why did you decide to apply to the EMEA Mentoring programme
- What goal(s) do you want to meet with the help of your mentor